Swimming Lessons: Guidelines for staff and rules for Students

**[Lessons commence on Wed 15th Jan 2014. Children are reminded that swimming lessons are an integral part of the School Curriculum and the usual school rules apply. The following are also brought to the notice of all teachers, parents and students.]**

* All children will be supervised by teachers as well as swimming coaches while at the pool or while travelling to and from the pool.
* Children must enter and leave the bus in an orderly manner. There are no reserved seats on the bus. Any child may sit where there is a vacant seat unless given a designated seat by teacher or bus driver.
* Pupils must follow the instructions of coaching staff/teachers at all times.
* Pupils must walk to and from the bus and form an orderly queue when waiting to board the bus.
* Students must:
  + Remain seated on the bus until told to stand up.
  + Never leave the pool building unless or until instructed to do so by a teacher or supervising adult.
  + Never become involved in behaviour that could be dangerous to self or others.
  + Shower before entering the pool.
  + Normally be accompanied by a school staff member if it is necessary to leave the pool during swimming lesson e.g.to use the toilet, feeling unwell etc.
* The following items are never allowed at the pool: glass bottles; aerosol sprays; food or drink
* A child should never enter an individual changing cubicle with an adult other than his/her parent. School staff members should ensure that more than one adult [i.e. school or pool staff member] is present if children need assistance in such situations.
* Every child must have a swimming cap and proper swimming attire. The pool does not provide hats, goggles, armbands or togs.[ *If these are required, each child will need to bring his/her own or they are available to purchase at pool reception.*]
* Do not bring valuable items to the pool as the pool authorities are not responsible for missing or stolen items.
* **Children may not enter the pool until told to do so by an instructor.**
* Cameras, camera phones or any recording equipment are not allowed on the pool premises.
* Children attending swimming lessons are not allowed to use the Jaccuzi, Sauna or Steam room.
* Shoes must not be worn on the pool deck. – **No running, jumping, wrestling or causing disturbance**.
* **Jewellery may not** be worn while swimming.
* Any student who disobeys rules may not be allowed to participate in future swimming lessons. Where necessary, the pool authority has the right to remove individuals from the premises and also to refuse an individual admission.

**[For Staff and Parents -- See section below from School Child Protection Policy]**

**Changing for Games/ PE/ Swimming**

Pupils will be expected to dress and undress themselves for games/PE/ swimming. Where assistance is needed this will be done in the communal areas and with the consent of parents.[Parents are required to sign a form giving their consent for their child(ren) to attend swimming lessons as well as to receive assistance from school staff while dressing or undressing.] Under no circumstances will members of staff/ volunteers be expected to or allowed to dress/undress a child in a cubicle/private area. In such situations where privacy is required the parent/guardian of the child will be asked to assist the child. Parents who attend in order to assist their child(ren) with dressing/undressing should confine their assistance to family members only.

At all times there must be adequate supervision of pupils (by school staff as well as any external coaches, trainers etc.)